

# SILVERWINGS

"Back to the basics"

Vol. 33, Issue 1

Columbus Air Force Base, Miss.

January 9, 2009

## Weather



### Today

High: 65, Low: 48  
Sunny



### Saturday

High: 64, Low: 32  
42% chance of rain



### Sunday

High: 53, Low: 30  
Partly Cloudy



### Monday

High: 56, Low: 33  
Partly Cloudy

## News Briefs

### 09-04 Assignment Night

Specialized Undergraduate Pilot Training class 09-04 will hold their assignment night tonight at 5 p.m. at the Columbus Club.

### Dorm Dinner

There will be a Dorm Dinner for all residents of the enlisted dormitories Jan. 22 at the Chapel Annex. Supervisors are encouraged to attend.

### 09-12 Track Select

Specialized Undergraduate Pilot Training class 09-12 will have a track select ceremony Jan. 16 at 5 p.m. at the Columbus Club.

## Inside



### Feature 8

The 14th FTW Wiring Diagram is highlighted in this week's feature.



U.S. Air Force photo by Melissa Duncan

Colonel Roger Watkins, 14th Flying Training Wing commander, presents Major Brian Heaps the 14th Comptroller-Contracting Squadron (Provisional) guidon at the 14th CPTS-CONS (P) change of command ceremony Dec. 18, 2008. Maj. Heaps was previously at the US Army Command and General Staff College, Fort Leavenworth, Kan.

## Heaps assumes command of 14th CPTS-CONS (P)

**Airman 1st Class Josh Harbin**  
14th Flying Training Wing Public Affairs

Major Paul Porter relinquished command of the 14th Comptroller-Contracting Squadron (Provisional) to Maj. Brian Heaps in a ceremony at the Columbus Club Dec. 18, 2008.

Major Heaps comes to Columbus AFB from Misawa AB, Japan, where he was the 35th Contracting Squadron commander. He recently graduated from the Army Command and General Staff College, Ft. Leavenworth, Kan., where he graduated in early December.

See CPTS-CONS (P), Page 3

## COLUMBUS AFB TRAINING TIMELINE

PHASE II				PHASE III				IFF				WING SORTIE BOARD			
Squadron	Senior Class	Squadron Overall	Track Select	Squadron	Senior Class	Squadron Overall	Graduation	Squadron	Senior Class	Squadron Overall	Graduation	Aircraft	Required	Flown	Annual
37th (09-12)	3.54 day	-2.32 days	Jan 16	48th (09-04)	-3.11 days	-2.43 days	Jan. 23	49th (09-DB)	-12.15 days	-12.08 days	Feb. 3	T-6	209	6	3,268
41st (09-13)	-6.19 days	-10.68 days	Feb. 11	50th (09-04)	-1.37 days	-3.55 days	Jan 23					T-1	120	113	2,729
												T-38	102	56	2,007
												IFF	36	18	713

Graduation speaker: The graduation speaker is Brig. Gen. Guy Walsh, 175th Wing, Maryland Air National Guard, Md.

# IFF 09-CB graduates nine

Nine members of the Introduction to Fighter Fundamentals course graduated Dec. 18 in a ceremony in the Heritage Room of the 49th Fighter Training Squadron.

The 49th FTS is responsible for Active Duty and international AT-38C flying training. The 49th FTS also provides IFF training to pilots and weapon system offi-

cers entering all Air Force major fighter weapons systems. This six-week course introduces pilots to air-to-air employment, air-to-surface attack and low-altitude navigation in the AT-38C Talon.

Along with IFF training, the 49th FTS is also responsible for upgrade instructor pilot training for instructors continuing to command-wide assignments.



**Capt. Patrick Anderson**  
F-16



**1st Lt. John Anderson**  
F-15E WSO



**1st Lt. Justin Andress**  
F-15E WSO



**1st Lt. J.D. Darlson**  
A-10



**1st Lt. Steve Keefer**  
F-15E WSO



**1st Lt. John Meyers**  
A-10



**1st Lt. Patty Nadeau**  
F-15E WSO



**1st Lt. Mark Perry**  
F-15C



**2nd Lt. Johnny Reyes**  
A-10

## SILVER WINGS

### How to reach us

14th Flying Training Wing Public Affairs

555 Seventh St. Suite 203  
Columbus AFB, MS 39710

Commercial: (662) 434-7068

DSN: 742-7068

Fax: (662) 434-7009

E-mail: silverwings@columbus.af.mil

### Editorial Staff

**Col. Roger Watkins**

14th Flying Training Wing  
Wing Commander

**Mr. Rick Johnson**

Public Affairs Chief

**Airman 1st Class Josh Harbin**  
Editor

**Mrs. Tina Perry**

Layout Designer

### Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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## 14th FTW commander's open house



U.S. Air Force Photo

Cooks Dede Johnson, Leslie Watkins and Diane Clardy take time out to smile as they prepare food for the 14th Flying Training Wing commander's New Year Reception Sunday. Colonel Roger Watkins, 14th Flying Training Wing commander, and his wife Leslie hosted more than 140 base, government and community leaders in their home to usher in the 2009.



**14TH  
FLYING  
TRAINING  
WING  
DEPLOYED**

As of press time, 36 BLAZE TEAM members are deployed worldwide. Remember to support the Airmen and their families while they are away.

**CPTS-CONS (P)**

(Continued from Page 1)

In 1992, he received a Bachelor of Science degree in Business Administration, Magna Cum Laude, from Western New England College, Mass. He later obtained a master's degree in Acquisition Management in 2001 from the Air Force Institute of Technology, Wright-Patterson AFB, Ohio.

The new 14th CPTS-CONS (P) commander has received the Defense Meritorious Service Medal, Meritorious Service Medal with one oak leaf cluster, Joint Service Commendation Medal and the Air Force Commendation Medal with four oak leaf clusters.

He has been stationed in locations such as Alabama, Utah, Ohio, Massachusetts, Germany and Japan.

The 14th Comptroller-Contracting squadron, Provisional stood up June 24, 2008 as a combined squadron. Columbus AFB volunteered to be one of the five test bases for the two-year test to combine base-level comptroller and contracting functions. The intent of merging the squadrons is to provide better customer service to support the wing and Air Force missions while being conscientious of the personnel reductions and increasing operations tempo. The comptroller and contracting career fields both fall under the Air Force Acquisitions career field.

The mission of the 14th CPTS-CONS (P) is to provide timely financial and contracting support for the acquisition of supply, equipment, construction and base maintenance services in support of the wing's flying training mission in addition to meeting the individual financial needs of the base populace.

"I am truly honored with the great opportunity to come to Columbus AFB and command this merged provisional squadron" stated Maj. Heaps. "This will be a great opportunity to prove that the merged concept is a better way to do business for the Air Force. While we had a great year with the U.S. Army," Heaps continued, "my wife and children are excited to be back with our Air Force family."

**Enlisted Promotions**

U.S. Air Force photo by Elizabeth Owens

**The 14th Flying Training Wing congratulates the December enlisted promotees. Pictured are: to Airman: Steven Ferrell, 14th Civil Engineer Squadron; Kevin Riester, 14th CES; to Airman 1st Class: Josh Harbin, 14th Flying Training Wing; to Senior Airman: Ryan Allen, 14th Operations Support Squadron; Mark Bolding, 14th Security Forces Squadron; Gregory Ramirez, 14th CES; Jennifer Cornett, 50th Flying Training Squadron; Eugene Brown, 14th OSS; Sierra Gibson, 14th FTW; to Staff Sgt.: Charles Patterson IV, 14th OSS; to Master Sgt.: Paul Treece, 14th FTW.**

**National Prayer Breakfast 2009**

**Chaplain Dave Logan**  
14th Flying Training Wing

The National Prayer Breakfast is a yearly event held in Washington, D.C., on the first Thursday of February each year. The first prayer breakfast groups within our federal government were initiated in 1942 in the United States House of Representatives and the United States Senate. Since then, those groups have continued their weekly meetings to discuss various spiritual needs and our nation's dependence on God.

In 1952, members of the Senate and the House prayer groups established the first Presidential Prayer Breakfast with President Dwight D. Eisenhower to seek divine guidance for the national leadership and to reaffirm our country's faith in and dependence upon God. In 1970, the name was changed to "The National Prayer Breakfast" to emphasize the purpose of the gathering rather than the individuals involved. Since the inception of the National Prayer Breakfast, several U.S. states and cities and other countries have established

their own annual prayer breakfast events.

The annual National Prayer Breakfast occurs every year after Congress convenes. Leaders in business, labor, education, and science from every state in the Union, as well as military leaders from each branch of service join the members from the legislative, judicial, and executive branches. Although the political, economic, philosophical, and religious viewpoints represented are varied, the result is a fellowship of concerned citizens, dedicated to affirming the moral, ethical, and spiritual values upon which our nation was founded.

Columbus AFB will observe the National Prayer breakfast Feb. 5 at 7 a.m. with a buffet breakfast at the Columbus Club. The event will feature an interfaith program with a keynote address from Chaplain (Brig. Gen.) David Cyr, USAF Deputy Chief of Chaplains. Tickets are \$3 each and can be purchased from your First Sergeant or through the chapel. For more information, contact Chaplain Dave Logan, Staff Sgt. Natalie Contino, or Senior Airman Melissa Free at the chapel, 434-2500.

**Quit smoking  
with FRESH START****Health and Wellness Center**

It's your decision! If you use tobacco, let "FRESH START" help you quit. At the Columbus AFB's Health and Wellness Center, it is our goal to help bring better health to our community through tobacco cessation.

The "FRESH START" program is designed by the American Cancer Society to guide individuals through the transition from the smoking life to the world of fresh air. The Columbus AFB Health and Wellness Center hosts this free program to the Columbus AFB community.

The classes start on the first Tuesday of each month, and are four, one-hour sessions (each Tuesday) starting at 3 p.m. You must attend all sessions to complete the program. To register for the "FRESH START" Program, please call Jenelle Robinson at 434-2236.

# Post-holiday debt challenges

## Airman Elena Stofle

14th Flying Training Wing Staff Judge Advocate

'Tis the season to discover that you've maxed out your credit card! Now that the holiday season is over, many people are feeling the after-effects of being so generous. If you are one of the many people in credit card debt, there are many resources available to you. In addition, you don't have to fear debt collectors. There are laws in place to ensure your privacy and peace of mind.

After the initial shock settles in, and people realize they owe more than they thought, many find that a credit counseling agency can offer a solution, which is usually in the form of a Debt Management Plan (DMP). When searching for a credit counseling company, you should consider a non-profit credit counseling service first. Non-profit credit counseling services are required by law to educate and counsel you, as well as to hire qualified and trained employees to help you.

As with all good things, there are those services out there that may not be looking out for your best interest. When choosing a company to rely on, steer away from companies that:

- Charge a high upfront or monthly fee.
- Charge previously undisclosed fees.
- Misrepresent their non-profit status.
- Offer little to no education and counseling.

- Are being investigated or prosecuted by the FTC.
- Pressure you to make "voluntary contributions".
- Demand you make payments to them before your creditors have accepted you into the program.

To protect yourself from fraudulent companies, you'll need to contact your creditors to ensure that they have accepted the program before you start sending payments to your DMP. One important thing to remember is that no matter what agency you use, your creditors should receive 100 percent of your payment. Also, be sure to contact your DMP if your bills are not being paid properly. Contact your DMP and your creditors in advance if you will not be able to make a complete payment on time.

One of the scariest parts of being in debt is the debt collectors. They might contact you in person, by mail, telephone, telegram, or by fax. They may also contact third parties, but only as a means to get your contact information, and not if they know (or have reason to know) that you have an attorney. However, keep in mind that when contacting you, creditors cannot:

- Contact you before 8 a.m. or after 9 p.m., unless you agree.
- Use a false name.
- Use the telephone to abuse, harass, or annoy you.
- Use obscene language.
- Make violent threats of any kind.
- Use deception to make you accept collect calls or pay

for telegrams.

- Contact you by postcard.
- Divulge to other people anything regarding your debt.
- Contact other people to locate you if you have an attorney.
- Contact other people more than once unless they agree.

As part of the Fair Debt Practices Collection Act, there are additional limitations on what creditors can do that they don't want their people to know about. When collecting, creditors cannot:

- Collect an amount greater than what is owed.
- Deposit a post-dated check prematurely.
- Give false credit information about you to anyone.
- Send you a form that appears to be from a court or the government agency it's not.
- Apply a payment to any debt you believe you don't owe.
- Make false statements, such as stating that you'll be arrested.

Debt can be a scary thing, but from minor to major debt, there are ways to fix your situation. You can seek help from the Airman Family Readiness Center. The AFRC provides a weekly class called Budgeting Basics on Wednesdays at 11 a.m. along with various workshops through out the year. You can contact the AFRC at 434-2855. For legal assistance, you can contact the Columbus AFB Legal Office at 434-7030.

## CAFB honors civilian retirees



U.S. Air Force photo by Melissa Duncan

Colonel Diane Fletcher, 14th Medical Group commander, officiates the retirement of two of her civilian employees Monday. Jimmy Estes, Medical Group Facilities Manager, retired after 28 years of service, all of which were at Columbus AFB. Darla Turan, Chief of Medical Financial Management, retired after 30 years of government service, 27 of which were at Columbus AFB.

## The Airman's Creed

*I am an American Airman.*

*I am a warrior.*

*I have answered my nation's call.*

*I am an American Airman.*

*My mission is to fly, fight, and win.*

*I am faithful to a proud heritage.*

*A tradition of honor,  
And a legacy of valor.*

*I am an American Airman*

*Guardian of freedom and justice,*

*My nation's sword and shield,*

*Its sentry and avenger.*

*I defend my country with my life.*

*I am an American Airman.*

*Wingman, leader, warrior.*

*I will never leave an Airman behind.*

*I will never falter,  
And I will not fail.*

# CMSAF McKinley, graduating Airmen honor enlisted heroes

By Mike Joseph

37 Training Wing Public Affairs

**LACKLAND AIR FORCE BASE, Texas** — Chief Master Sergeant of the Air Force Rodney McKinley and more than 700 Airmen preparing to graduate from basic military training honored the Air Force's enlisted heroes during today's dedication of the new Enlisted Heroes Walk here.

Several dignitaries, including Gen. Stephen R. Lorenz, commander of the Air Education and Training Command, 2nd Air Force Commander Maj. Gen. Alfred K. Flowers, and 37th Training Wing Commander Brig. Gen. Len Patrick attended the dedication ceremony. Also in attendance was the fifth chief master sergeant of the Air Force, retired Chief Master Sgt. Robert Gaylor, who was the ranking Air Force enlisted servicemember from Aug. 1, 1977 to his retirement Sept. 1, 1979.

The event took place just prior to the graduation of 726 Airmen from basic training. They are the first to complete the Air Force's extended 8.5-week BMT program. The Airmen are also the first to participate in the new Air Force tradition of marching over the Enlisted Heroes Walk with its 164 engraved stones during the BMT graduation ceremony.

Chief McKinley, guest speaker and the Air Force's highest-ranking enlisted servicemember, helped conceive the idea as a way for Airmen to remember and honor enlisted heroes who served before them. He proposed the concept during an earlier visit here and approved the current design and location of the memorial near the parade grounds.

"We dedicate this Enlisted Heroes Walk to honor our enlisted heroes who have given so much, who still inspire us today, and who will continue to inspire every Airman who will march over this hallowed ground from this day forward," Chief McKinley said during his remarks at the ceremony. "In the 500 steps it takes to complete the bomb run, lives will change and dreams will be realized. Airmen will be born."

An Air Force veteran with almost 30 years of service,



U.S. Air Force Photo/Alan Boedeker

**Chief Master Sergeant of the Air Force Rodney McKinley, addresses the audience, including more than 700 Airmen preparing to graduate from basic military training during the Jan. 2 dedication ceremony of the new Enlisted Heroes Walk at Lackland Air Force Base, Texas.**

Chief McKinley cited the memorial dedication as one of his career highlights.

"My proudest moment occurred Oct. 14, 2006, when we dedicated our Air Force Memorial to the more than 55,000 Airmen who have laid down their lives for our country," he said. "Today marks my second proudest day."

Calling Lackland the enlisted gateway to the Air Force, Chief McKinley said it was fitting the parade field was chosen as the final location for the Enlisted Heroes Walk.

"The walk has significant meaning for graduating Airmen," said Chief Master Sgt. Nancy Judge, the 737th Training Group's chief of standardization and evaluation, who, together with Chief Master Sgt. Stephen Colbert, now deployed, oversaw construction.

"Many have dedicated their lives so we can be where we are today. Those who walk over this symbolic memorial will reflect on the significance of our enlisted heritage and realize there are heroes among us," said Chief Judge.

The Enlisted Heroes Walk will also serve to educate Airmen on enlisted contributions to the security of the United States and inspire Airmen to serve with courage and honor, motivating Airmen to be heroes for our nation, she said.

The Airmen whose names appear etched in stone attained the highest honors for heroism and unselfish acts while serving in armed conflict including present day operations in Iraq and Afghanistan. Six Medal of Honor recipients, 23 Air Force Cross recipients and 135 Silver Star recipients spanning operations in World War II, Vietnam, Somalia and the Middle East are also memorialized.

Also in attendance was retired major Thomas A. Newman, a special guest whose name appears as one of the first 164 memorialized in the walk. As a sergeant in 1968, Mr. Newman received the Air Force Cross for heroism in Vietnam.

The names of other enlisted heroes predating 1965 will be added later because no databases are available to confirm the information. The research can only be done manually and must be verified.

Construction on the project began in January 2008 with much of the credit going to civil engineer Benjamin Dela Cruz and Tracy English, the wing historian who conducted the initial research for the project.

The 32-by-32 foot design holds 1,024 bricks, which are tan with black lettering. The edges of the walk are red to match existing pavers on the parade field bomb run.

"The Airmen who attend BMT have answered our nation's call," said Chief McKinley. "Graduation day is a very special day for them, their families and our Air Force. This is a day they will never forget. It is now even more special."

## Deployed servicemember returns home half the Airman he used to be

**Tech. Sgt. Michael Voss**

376th Expeditionary Wing  
Public Affairs

**MANAS AIR BASE, Kyrgyz Republic** — "I knew I was unhealthy and had to make some changes, especially when I thought about my five-year-old looking up at me," said Senior Airman Jarvis Johnson. "Without changes, I wouldn't be around to see him and my daughters grow up."

When you ask someone what they can accomplish in six months — just 24 short weeks — they may say something like, "I plan to finish a couple college courses," or maybe, "I'm going to read a couple books," or "Tour a little."

Many may say they are going to get in shape, but what do they mean when they say "get in shape?" Six months is not enough time to get in shape if you're not, is it?

One Airman set out just 180 days ago to do just this, to get back into shape after years of inactivity.

Airman Johnson remembers the day he made up his mind to get fit. Before heading to Manas, Airman Johnson attended a week long Combat Skill Training Course. During the course, he had tried to put on a flak vest. At nearly 300 pounds, he knew he would need a large one but had no idea that the readiness squadron would not have anything that would fit. After trying on the largest size

available, a 3X, they simply gave up and let him go without, but this experience would stay fresh in Jarvis' mind.

Upon arrival at Manas, Airman Johnson decided this would be the last time he would wear a 44-inch pants with a waist circumference of 47. This also would be the last time his family and wife of 17 years would see him so badly overweight.

During his first days at Manas, Airman Jarvis attended the Wing Right Start briefing and watched as 376th Expeditionary Wing Commander Col. Christopher Bence said "You can leave here how you like." First he showed pictures of a person who arrived thin, ate too much and left extremely overweight. "Or," he said, "you can leave like this." He showed a picture of an Airman who came to Manas overweight and lost 75 pounds.

Although Airman Johnson was impressed by the slide, he already had made up his mind to lose weight. But now, he had a firm goal.

"I wanted to lose somewhere around 75 pounds, but I said to myself I can beat that," said the father of three. "I told Col. Bence right there; I said I am going to be the one you brief about in six months, the one who lost the weight."

With nothing but a determined heart and a quote from legendary coach Vince Lombardi to give him emotional strength, "the dictionary is the only place that success comes before work," the Airman, deployed

from McChord Air Force Base, Wash., continued on the path to a healthy living again.

"I used this quote on those days when I didn't feel like getting up and going to gym, when I was like 'damn I don't want to do this today,'" said Airman Johnson.

He remembers it wasn't always like this, being overweight. A football linebacker, basketball and track star throughout high school, he was always athletic. When he enlisted in the military he was a tall 6'1 and 169 pounds.

Then in 2004 he tore his Achilles tendon, an extremely painful injury which caused him to be unable to do any type of physical activity. Quickly he began to put on more and more weight, but due to fortunate timing, Air Force physical fitness monitors were conducting the cycle ergonomic test versus the mile and a half run that they currently employ.

"I am a steak and potatoes kind of guy," said Airman Johnson. "When the mile and a half run went away and the Air Force went to (cycle ergometry) you didn't have to run so I didn't. I was passing the ergo test, but I knew that I could not have passed the run. I was easily packing in 5000 calories a day!"

In June, the 35-year old took to walking on the treadmill in the base gym, at first only 30 minutes a day. But he also cut out fried foods. Eventually he moved to the elliptical machine. He has successfully changed what he eats and how he eats. He stopped eating

fried foods all together, and began drinking water.

"I decided to try the five little meals versus one big meal a day," said Airman Johnson.

Now nearly six months later the man who just 180 days ago could not fit into the largest available flak vest is working-out sometimes three times a day. He has moved from using the elliptical machine 30 minutes a day to an hour at the highest level. He also is jumping rope for 20 minutes straight along with twice a week sprints on the basketball court.

He has lost 125 pounds, is down to 165 pounds and has taking 14 inches off his waist.

And as returning Airmen look forward to seeing their loved-ones' eyes when they get off that plane back home, Airman Johnson's wife, Jasa, has got something else to look forward to: a "small" surprise.

Nearly letting the proverbial cat out of the bag in July, Airman Johnson sent home a picture of himself. His wife took notice and asked if he had been losing weight? To which he replied, "If anything I have been gaining." Immediately he sent her a photo he had taken earlier, and he has been doing the same the entire deployment.

Due to return home just in time to begin 2009, and nearly half the man he used to be, Airman Johnson is thankful for his new, healthy lifestyle.

"You can't imagine how good this feels," said Airman Johnson.

The Buckeye  
State's Base

Capt. Tony Wickman  
USAFE Public Affairs

ACROSS

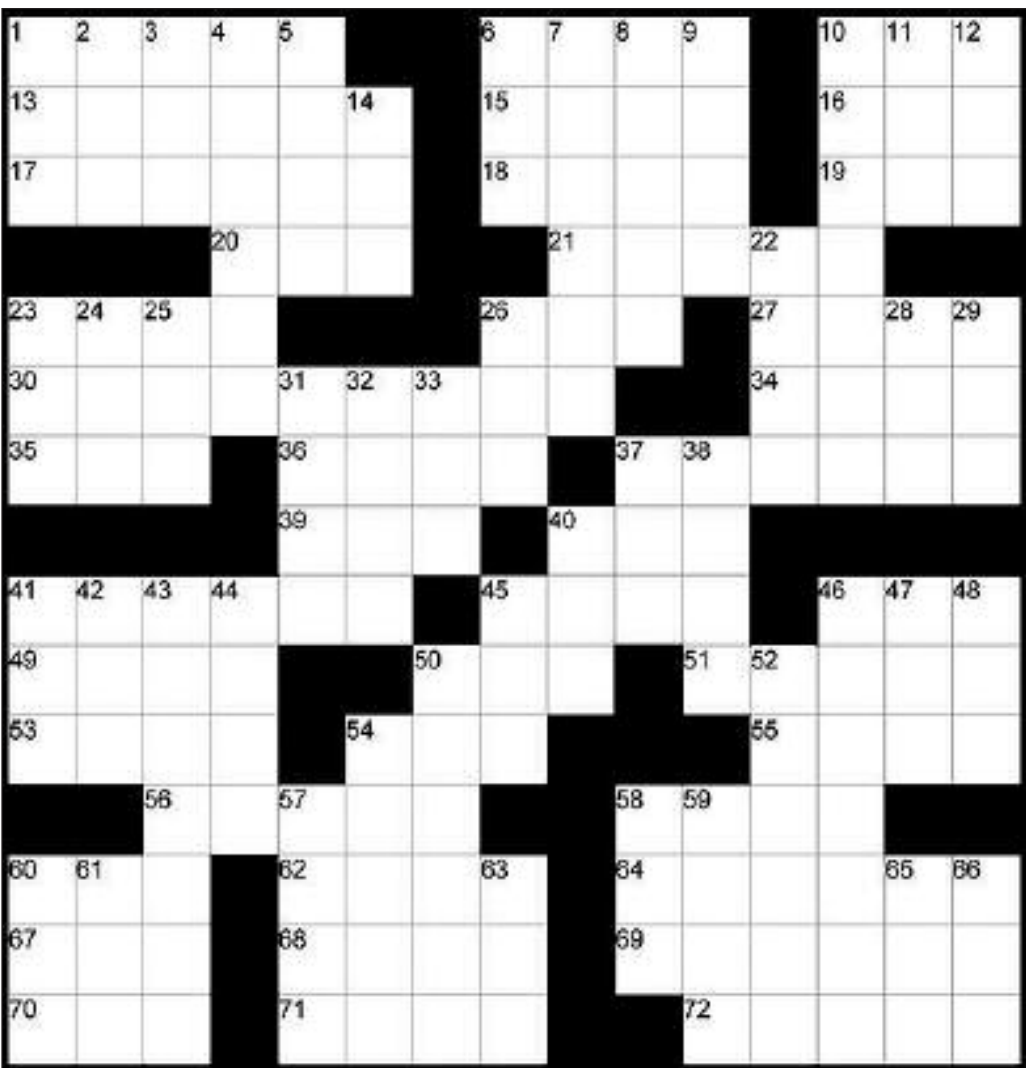
1. Swelling  
6. MAJCOM the Buckeye State base is assigned  
10. Buckeye State base product center tenant unit, in brief  
13. C-5; plane flown by the Buckeye State base's 445 AW  
15. Hammer's target  
16. Possible duty status  
17. Metal grating  
18. \_\_\_\_ mater  
19. Decorative vase  
20. Permit  
21. Pennies, nickels and dimes  
23. Away from the wind  
26. Earth  
27. Clue  
30. With 37 ACROSS, part of the Buckeye State base name  
34. In a short time; soon  
35. Federal org. concerned with airport security  
36. Crest  
37. Namesake of the Buckeye State base  
39. Towel marking  
40. \_\_\_\_ Claire  
41. Ohio city home to the Buckeye State base  
45. Buckeye State base R&D tenant unit










46. Slice  
49. Margarine  
50. Baseball tool  
51. Hide  
53. Buckeye State tenant unit for advanced education, in brief  
54. Golden actress Arthur  
55. Region  
56. Projecting handle used to operate a mechanism  
58. Sinister  
60. Father  
62. Loiter  
64. Discovers the absence or loss of something  
67. Mock  
68. Like  
69. Superfluous or useless  
70. Head movement  
71. Loan  
72. Commander

DOWN

1. Breakfast item  
2. Patriotic org.  
3. Cotton gin inventor Whitney  
4. Hammer  
5. Car part  
6. Actress Ortiz of Ugly Betty  
7. F-16  
8. Acted out  
9. Tribe  
10. Entertaining  
11. Title of address for a male officer  
12. Discard  
14. Still  
22. Asian person  
23. Given

24. \_\_\_\_ Vegas  
25. Greek letter  
26. Drunkard  
28. Classical drama of Japan with stylized music and dance  
29. Explosive combo  
31. Resound  
32. Derail  
33. Draft org.  
37. Combat  
38. Make a determination  
40. Young newt  
41. 1988 Quaid/Ryan film  
42. Alien TV show  
43. Surrendered  
44. Carry  
45. Auto club  
46. Current MAJCOM commander at the Buckeye State base  
47. Exploit  
48. Afternoon beverage in London  
50. Site of famous 1948 airlift  
52. Dried grape  
54. Current commander of 45  
ACROSS  
57. Glass container  
58. Punk-rock offshoot music genre  
59. Resume  
60. Dolphin great Marino  
61. Overseas mil. address  
63. Terminate  
65. 112°30' east of due north  
66. Male or Female



	CV-22	C-5					
		KC-135	C-5			C-130	
				HH-60		MH-53	C-5
	KC-135		C-130				
			C-21		HH-60		C-130
CV-22						MH-53	
C-5		CV-22					KC-10
					C-17	C-5	
	MH-53			C-5			C-17

AIRLIFT AIRCRAFT

To solve, place an airlift aircraft into each box so that each row across, each column down, and each small 9-box square within the larger diagram will contain each of the following airlift aircraft: C-5, C-17, C-21, C-130, CV-22, HH-60, KC-10, KC-135 and MH-53. In other words, no aircraft may appear more than once in any row, column, or smaller 9-box square. Working with the planes already given as a guide, complete each diagram with the missing ranks that will lead to the correct solution.

Mon	Tue	Wed	Thur	Fri	Sat/Sun
12	13 Clergy Day OSC Social 6 p.m. @ Club	14 BLAZE Lunch Bunch 11 a.m. to 2 p.m. @ Club	15	16 AETC AF Ball 09-12 Track Select 5 p.m. @ Club	17/18
19 MLK Jr. Birthday Holiday	20	21 BLAZE Lunch Bunch 11 a.m. to 2 p.m. @ Club	22 Quarterly Awards Luncheon Dorm Dinner 5 p.m. @ Chapel	23 09-04 Graduation (Brig. Gen. Walsh)	24/25

Long Term Events

- Jan. 30 - 09-05 Assignment Night  
Feb. 5 - Annual Prayer Breakfast  
Feb. 10 - OSC Social

- Feb. 11 - 09-13 Track Select  
Feb. 13 - 09-05 Graduation  
Feb. 14 - BLAZE Race  
Feb. 16 - President's Day Holiday

# Reflections of 2008

**Connie Lisowski**

14th Flying Training Wing Historian

As the base celebrated the Christmas season, lamp posts were decorated with sparkling wreaths, the Christmas tree glistened with colorful ornaments and the sounds of aircraft flying overhead were virtually nonexistent. Even with the hustle and bustle of the holiday season, we can't help but turn our thoughts back and reflect on the base's busy and successful year.

As the base began ramping up for 2008, the medical clinic renamed their facility, Koritz Clinic, after Maj. Thomas Koritz. He was a physician and a 1981 Undergraduate Pilot Training graduate from Columbus AFB.

February featured a visit from the Meridian Naval Air Station commander, CAPT Russell Knight, an honorary commander reception hosted by MUW President Dr. Claudia Limbert, the presentation of the Bronze Star to Maj. Jean Havens, entertainment at the Mississippi University for Women by Tops in Blue, a Tuskegee Airman luncheon where "A" Drive was renamed Alva Temple Road and First Assignment Instructor Pilots from around Air Education and Training Command descending on Columbus for the annual FAIPALOOZA gathering.

Women's History Month, the first ever Columbus Idol competition, the National Prayer Luncheon and the Bronze Star, Purple Heart and Combat Action Medal presentation to Special Agent Jac Christiansen highlighted March's events.

April brought the retirement of the mighty "Tweet," the unveiling of Keith Ferris' painting of the T-37, "A Rite of Passage" and the standup of the 14th Force Support Squadron. On a sad note, Columbus lost two of its finest when a T-38C Talon crashed on takeoff.

"The ORI is coming, the ORI is coming," were the buzz words for May. Columbus welcomed the ORI team and put its best foot forward. The BLAZE team garnered an overall Satisfactory rating. Before his departure, Col. Dave Gerber, former 14th Flying Training Wing commander, inducted two local community leaders, Burnette Avakian and Dick Leike, as Columbus Wingmen. The base also bid farewell to Colonel Gerber and Chief Master Sgt. Ron Bowlan, former 14th FTW Command Chief Master Sergeant.

In June, the base welcomed Col. Roger Watkins, 14th FTW commander, and Chief Master Sgt. Richard Brackett, 14th FTW Command Chief Master Sergeant.

The 14th Comptroller Squadron and 14th Contracting Squadron merged to form the 14th Comptroller-Contracting Squadron (Provisional).

What better way to celebrate July 4 than by attending "Fireworks on the Water" held at the US Army Corp of Engineers Stennis Lock and Dam facility. More than 10,000 base and community people enjoyed the festivities, food, fun and fireworks.

In August, housing privatization contractor Pinnacle-Hunt held the ground breaking ceremony for the construction of 145 new houses in State and Magnolia Villages and renovation of 106 houses in Capitol Village.

The base celebrated Hispanic Heritage Month in September by providing a variety of activities for both adults and children. The Air Force Ball celebrated the Air Force's 61st anniversary by "honoring our past, forging our future." Also, the 14th Comptroller-Contracting Squadron completed the end-of-year closeout, which provided \$12.9 million for base projects and was one of the most successful closeouts to date.

October events included a town hall meeting, a women's health fair, the "Scream'n Eagles" combat dining in and one of the scariest haunted houses the base has ever seen.

In November, the base hosted the second performance of Tops in Blue at the Mississippi University for Women. The ribbon cutting ceremony for Phase I and the ground breaking for Phase II of the new MSG building was attended by base personnel, community leaders and Senator Roger Wicker.

December focused on angel trees, food drives, a cookie drive for single and unaccompanied personnel and the Happy Fund gift wrapping and distribution of toys and fruit baskets. Before the base "shut down" for the holidays, the new AETC commander, Gen. Stephen Lorenz, made his first visit to the base.

In addition to all the monthly activities which kept personnel busy, the base graduated 289 pilot training students, hosted more than 19 distinguished visitors and conducted 10 changes of command. Throughout the year, as many as 46 BLAZE team members were deployed at any given time. Base personnel also received numerous individual and unit awards.

As we bid farewell to 2008, we look ahead to the challenges and expectations of 2009 with the same vigor and enthusiasm which carried us through the past year.

## Lorenz on Leadership: At War in Cyberspace

**Gen. Stephen R. Lorenz**  
Air Education and Training  
Command Commander

**RANDOLPH AIR FORCE BASE, Texas** — "The stark reality is that the bad guys are winning and our nation is at risk."

That's what retired Air Force Lieutenant General Harry Raduege, Jr., writes in an insightful article about cyberspace titled, "Evolving Cybersecurity Faces a New Dawn." As he describes our many challenges in cyberspace, General Raduege observes that "the list of concerns is growing and endless: rampant cybercrime, increasing identity theft, sophisticated social engineering techniques, relentless intrusions into government networks, and widespread vulnerabilities continuously exploited by a variety of entities ranging from criminal organizations and entrepreneurial hackers to well-resourced espionage actors."

Over the last few weeks, we have focused on the security of our computer networks, and we have found that we have big challenges.

The bottom line is that we are at war in cyberspace...today...all the time.

Our enemies are attacking our network — the same network you use to send e-mails, share documents, and access the internet. They are using stealth and surprise to insert malicious code into our network in order to gain intelligence. What is our enemy's intention? We don't know, but it's not friendly.

Our Command Chief Master Sergeant, Rob Tappana, said something that caught my attention. He observed that if our front gate was under attack, we would do something about it. We would reinforce the guards with our security forces, convene the battle staff, increase patrols, and raise awareness levels throughout the base. Chief Tappana then pointed at the computer on a nearby desk and said, "We must realize that that's our front gate too."

He is right. We need to think and act like warriors in cyberspace. That's where leadership is essential.

General Raduege describes four stages in our journey to secure cyberspace. The first stage is ignorance. We don't know what we don't know about cyberspace attacks. We are past that stage now. If you didn't know about our vulnerability in cyberspace, you do now.

The second stage is awareness. We now realize that we are at war in cyberspace, and we are vulnerable. We no longer take access to the network for granted — we realize that it can be taken away unless we take steps to defend it.

The third stage is actualization. We share a sense of urgency that we need to do something about the attacks on our network. We will learn more and more about cybersecurity. We will all work together to reduce our vulnerability and defend the network from attack.

The final stage is the "cyber mindset," where we think and act as warriors in cyberspace just as we do in air and space. We will train to protect ourselves and our networks from attack. We will all be "on patrol" as we look for new threats. Leaders at all levels will measure our vulnerability and direct defensive actions to counter the enemy.

To get to the fourth stage, we are going to have to work through a paradigm shift about security in cyberspace. Many of us (including me in the past) have taken the network for granted. We can't do that anymore. Every computer connected to the network is part of the battlespace. Every person that has access to the network is operating in a combat environment. Everyone must act responsibly, or it opens a hole in our defense.

As I've written before, I believe you are all leaders, because you all have influence over other people in your workplaces, your families, and your communities. It's going to take your leadership to help us make this paradigm shift. How do you lead others through change? You work through the stages of change faster than the people around you.

So, as leaders, I ask that you move from awareness to actualization as quickly as possible. Talk to our experts, beginning with our communication professionals. Set the right example by following the procedures and not taking shortcuts. Learn about and use the tools we have today. I promise that more tools are on the way.

I am working through the stages as fast as I can. We are improving the security of our computers at our headquarters, and I have directed that no one is exempt from security measures, including me. If my computer has to restart while I'm in the middle of something, so be it. We must be willing to accept a moderate amount of mission degradation to secure ourselves against the enemy "at the gate."

General Raduege writes that, despite the challenges facing us in cyberspace, he is optimistic that we are "on the verge of a new dawn for cybersecurity." I am optimistic as well, because we are fortunate to have you to help lead us through this change in our mindset. We are at war in cyberspace, and we will all need to apply our warrior skills to prevail. Fight's on!





# 14th FTW Wiring Diagram



## 14th Mission Support Group



Col. Mark Brown  
Commander

## 14th Operations Group



Col. David Reth  
Commander



Col. Jeff Dunn  
14th FTW vice commander



Col. Roger Watkins  
14th Flying Training Wing commander

## 14th Medical Group



Col. Diane Fletcher  
Commander



Chief Master Sgt. Richard Brackett  
14th FTW Command Chief Master Sergeant

## Wing Staff Agency



William Sherman  
Director of Staff

## DynCorp



14th FTW Maintenance  
Mr. David Olson  
DynCorp Intl Division Manager

Mary Ann Shows  
Deputy Commander



Chief Master Sgt. Pamela Matthews  
Superintendent

14th Logistics Readiness Division  
Larry Caldwell



14th Communications Squadron  
Maj. Leo Lawson  
Commander



14th Civil Engineer Squadron  
Lt. Col. Peter Ridilla  
Commander



14th Force Support Squadron  
Lt. Col. Jose Aleman  
Commander



14th Security Force Squadron  
Lt. Col. Kiley Stinson  
Commander

Lt. Col. Christopher Sabo  
Deputy Commander



Chief Master Sgt. Zefrem Smith  
Superintendent

14th Operations Support Squadron  
Lt. Col. David Gossett  
Commander



37th Flying Training Squadron  
Lt. Col. David Johnson  
Commander



41st Flying Training Squadron  
Lt. Col. Charles Hamilton  
Commander



43rd Flying Training Squadron  
Lt. Col. Brian Bowman  
Commander



48th Flying Training Squadron  
Lt. Col. Kelly Menozzi  
Commander

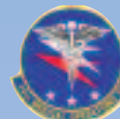


49th Fighter Training Squadron  
Lt. Col. Tor Dietrichs  
Commander



50th Flying Training Squadron  
Lt. Col. John Menozzi  
Commander

Lt. Col. Deborah Marcus  
Deputy Commander



Chief Master Sgt. Barbara Steffen  
Superintendent

14th Medical Operations Squadron  
Lt. Col. Eugene Montano  
Commander



14th Medical Support Squadron  
Lt. Col. Michael Cupito  
Commander

Chapel  
Chaplain (Maj.) Chouest  
Wing Chaplain

Commander's Action Operation Center (CAOC)  
Public Affairs: Sonic Johnson  
Commander's Action Group: Maj. Mike Maksimowicz  
Protocol: Diane Clardy

Wing Historian  
Connie Lisowski

Staff Judge Advocate  
Maj. Daniel Olson

Wing Safety  
Lt. Col. Chris Stricklin  
Chief of Safety

14th Comptroller-Contracting Squadron (Provisional)  
Maj. Brian Heaps  
Commander

Equal Opportunity  
Mrs. Toni Holcomb

Maintenance Quality Assurance  
Maj. JayCee Stennis

Command Post  
Senior Master Sgt. Isvan Mercer

Wing Inspector General  
Lt. Col. Dean Stephens

Plans and Programs  
Maj. John Stockwell

Mr. David Rose  
Director of Maintenance

## New Year offers new programs, services for families

### Mardi Gras Trip

Check with the Information, Ticket and Travel office for booking your reservation for this trip scheduled for Feb. 13 to Feb. 15. Cost is \$175 per person, double occupancy, \$140 per person with three in a room or \$120 person for four in a room. Cost includes transportation, two nights' lodging, and a light breakfast. Must have 20 registered by Jan. 15 to offer. For more information, call 434-7861.

### Texas Hold'Em

The Columbus Club is offering a Texas Hold'Em contest Jan. 10. Register by Jan. 8. Social hour begins at 6 p.m. and games begin at 6:30 p.m. Entertainment fee is \$5 for members and \$10 for non members. Late registrants will be placed on a waiting list. For more information, call 434-2490.

### Parents Time Out

The Child Development Center is offering this new program from 9 a.m. to 3 p.m. Thursdays starting Jan. 8. The program is open to ages 1 to 3 and fees are based on total family income. For more information, call 434-2479.

### Youth of the Year Program

Teens, ages 13-18, may pick up an application at the Youth Center for this program. Packages must be returned to the Youth Center by Jan. 20 to be considered for youth of the year. If your parents work on base and you are a registered member of the Columbus AFB Youth Center's Teen Program, then you are eligible to compete. Membership is free.

The package consists of written narrative and supporting documents. Each

package addresses the following areas: home and family life, moral character, community service, school, service to club, life goals, essay one and essay two.

The base winner will be awarded prizes totaling over \$100 to include a plaque, if selected at state level at \$1,000 scholarship is awarded, the regional winner wins a \$10,000 scholarship and the national youth of the year receives a \$15,000 scholarship. For more information, contact Mr. Hamilton at 434-2504.

### Library Adds "Playaway" Section

The library has added a new item to their audio/visual collection with the new technology of "playaway". These are pre-loaded portable audio books to listen to on the go. Just plug in a headphone and listen. The book comes with a headphone but will work with most headphones, speakers and car adapters. They currently have non-fiction, fiction and children's books and will be adding more throughout the year.

### Spirit Night

The Columbus Club's spirit night is scheduled for 4 p.m. to 6 p.m. Jan. 29. Wear your favorite pro team jersey. Folks wearing the most popular jerseys win door prizes. The top three commanders with the most attendees will compete to see which one can throw a football the farthest to win five large pizzas for their next squadron outing. For more information, call 434-2490.

### Holiday Bowling Special

The Bowling Center offers \$1 per game bowling and free shoe rental during the Martin Luther King holiday Jan. 19. For more information, call 434-3426.

### Parents' Night Out

The Child Development Center and Youth Center offer this program from 5 p.m. to 11 p.m. Jan. 31. A \$5 deposit is required when registering. For more information, call 434-2479 or 434-2504.

### Crafts Classes

The Arts and Crafts Center offers classes for youth and adults every Thursday at 10:30 a.m., 2:30 p.m. or 5:30 p.m. A display of class projects is available in the Arts and Crafts Center lobby. For more information, call 434-7836.

### Monte Carlo Night

The Columbus Club is offering a Monte

Carlo night Feb. 20. Reservations required by Feb. 17 at the Columbus Club. The Landings at Columbus is providing free hors d'oeuvres from 6 p.m. to 7 p.m. and will provide a gift certificate for free admission to all base housing residents. Over \$1,000 in prizes will be auctioned in the blind auction at the end of the night. For more information, call 434-2490.

### Sweetheart Dinner, Dance

The Columbus Club is offering this special night for couples Feb. 6 with dinner served at 6 p.m. Cost is \$15 per person. The menu for the evening is London broil served with roasted new potatoes, veggies, salad, rolls and red velvet cake for dessert. Dancing will follow the dinner. Reservations required by Feb. 2. For more information, call 434-2490.

### Disney in July

The Information, Ticket and Travel office offers a trip to Orlando, Fla., July 19 to July 25. Cost for transportation is \$125 per person. Hotel accommodations are at the Holiday Inn SunSpree Resort. Cost for the week for a room with two queen beds is \$675. Disney is offering up to 60 percent off Disney five-day hopper with water park tickets. There are only 30 seats available on the bus. For more information, call 434-2507.

## Blaze Lunch Bunch

### at the Columbus Club

#### Every Wednesday During Lunch

All plates come with one meat, two sides, roll or cornbread, tea or water

\$6.25 for club members

\$7.25 for nonmembers

#### This week's menu:

##### Meat choices:

Fried Chicken, Grilled Pork Chop & Mega Bowl of Chili with Corn Chips

##### Sides:

Macaroni & Cheese, Baked Sweet Potatoes, Turnip Greens, Green Beans and Side Salad with Ranch Dressing

#### Lunch Bunch Special - \$6.95

Ham, turkey, roast beef and cheese in a flour tortilla wrap served with French fries and a pickle spear

##### Desserts:

\$2.95 each

New York Cheesecake with Strawberry Topping  
Brownie Ala Mode

Sugar Free Coconut Cream Pie

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## Base News

### New vMPF Capability

Effective Dec. 18, the vMPF will become the primary system to complete the Withdraw/ Cancellation of Voluntary Assignment self-service application. This application will have processing procedures similar to those outlined in AFI 36-2110, Assignments. All enlisted and officers in the grades of Colonel and below will utilize the application to withdraw a pending voluntary assignment application or request cancellation of an approved voluntary assignment. Member will access vMPF on the AFPC secure website and initiate the request for withdrawal of a pending voluntary assignment application or cancellation of an approved voluntary assignment. If applicable, member will receive an on-screen approval notification to withdraw an application in pending status. Military Personnel Section at x2691 can assist members with accessing vMPF and answering general questions. Member's commander will provide recommendation in Case Management System (CMS) and forward to AFPC. For complete detailed instructions, review the Personnel Systems Delivery Handbook on the AFPC website.

### Education Counseling Hours

Education counseling (CCAF, Bachelor's/Master's programs, Tuition Assistance, etc.) is now available Mondays and Wednesdays from 1 p.m. to 4 p.m. by appointment only. Please contact Edward Hodge at 434-2562 to schedule.

### Tax Services

H&R Block will be providing tax preparation services January 2, 2009 through April 15, 2009. They will be located in the Columbus AFB Exchange Please call Tom Darnell at 434-0070 for more information or to set up an appointment as hours will vary.

### Financial Peace University

Financial Peace University is a program which teaches you how to make the right decisions with your money. The course begins Jan. 13 at 6 p.m. over the course of 13 weeks. Please call the Chapel at 434-2500 to sign up for this class. There is no fee for the class.

### Premium Roast with Ruth: Coffee Cup Bible Study

Starting Jan. 13 at 6 p.m., this Bible study considers one of the two great women for whom a book of the Bible is named. This Bible study demonstrates how God is in control; how He always keeps His promises; how He can reverse impossible circumstances; and how He blesses the faithful more richly and for longer than they could ever imagine. Please call the Chapel at 434-2500 to sign up for the class.

### DRMO

Authorized personnel may retrieve property that is marked for DRMO Facilities only if they are still physically located in Base Supply. For more information, call 434-7233 to review the property or call Stock Control Section at 434-7179 or 434-7198. To check for authorization and Demand Processing Section, call 434-7178 to order the property. All other DRMO processing is done via the Web at [www.drms.dla.mil](http://www.drms.dla.mil).

### Zero Overpricing Program-Incentive Awards

Overpricing is an issue everyone should be working. All personnel are encouraged to participate, and will be rewarded for any tangible savings resulting from their price challenge. Monetary awards will be given in accordance with AFI 38-401, The Air Force Innovative Development Employee Awareness Program. Advice and guidance are available by calling the Customer Service element of Base Supply, located in Building 158, at 434-7178.

### Supply Customer

If you are looking for that special piece of equipment or furniture for your office, your point of contact is the Inspection Section of Base Supply. Inspection maintains the Last Look Area, which has used equipment and furniture turned in from other organizations that no longer have a need for the items. All items in the Last Look Area are available without charge to your organization. For more information, you can contact the Inspection Section at 434-7233 or 434-7234.

### Attention All Deployers

The 14th Communications Squadron has a new system which allows you to place "free" telephone calls back home from your deployed location via DSN. You can call every day or once a week; whichever you prefer (allotted time is 3.5 hours a week). Pin numbers are required and can be picked up along with instructions from the Telephone Systems office located in Building 900, Room 9. Please call 434-2020 for additional information.

## Airman and Family Readiness Center

*(Editor's note: All activities are offered at the Airman & Family Readiness Center unless otherwise specified. For more information about any of the activities listed, call 434-2790 or email [afrc@columbus.af.mil](mailto:afrc@columbus.af.mil).)*

### Pre-Deployment Brief

There is a mandatory briefing for active duty personnel who are deploying or going on a remote tour. The brief is held every work day at 9:30 a.m. Spouses are welcome to attend.

### Post-Deployment Brief

This mandatory briefing is for active duty

personnel who are returning from deployment or a remote tour are held daily at 1:30 p.m. at the A&FRC. For more information, call 434-2790.

### Preseparation Counseling

This mandatory briefing for personnel separating or retiring to be completed at least 90 days prior to separation is held daily at 8:30 a.m. May complete up to 12 months prior to separation or retirement. This briefing takes approximately 30 minutes. For more information, call 434-2839 or 434-2790.

### Microsoft Outlook

This class starts Jan. 12. Learn how to use Outlook's many features by task organizing e-mails, projects and task lists. This is a 12-hour workshop meeting from 2 p.m. to 4 p.m. for six sessions. Advance registration is required as there is limited seating. For more information, call the Airman and Family Readiness Center at 434-2790.

### Microsoft Word

This workshop starts Jan. 12. Learn the many features of Word to organize, create, and present eye-catching documents. This is a 12-hour workshop meeting from 4:15 p.m. to 6:15 p.m. for six sessions. Advance registration is required as there is limited seating. For more information, call the Airman and Family Readiness Center at 434-2790.

### Smooth Move

This workshop will be held Jan. 13 from 2 p.m. to 3:30 p.m. at the Airman and Family Readiness Center. Attendees must register no later than 10 a.m. on the day of the workshop. To register, call 434-2790. Valuable information will be available for relocating. Learn what to expect from TMO, Housing, Military Pay, Legal, Billeting, TriCare, Medical Records, and the A&FRC during your move. For more information, call the Airman and Family Readiness Center at 434-2790.

### Writing Federal Resumes

This workshop will be held Jan. 14 from

## SOLUTION FOR LAST WEEK

(Current weeks puzzle on page 6)

G-21	CV-22	O-5	KC-19	G-19B	H-46	G-17
MH-50	H-46	RC-135	C-5	C-17	C-21	D-150
RC-135	RC-135	RC-135	RC-135	CV-22	HH-60	C-21
HH-60	RC-135	C-17	C-130	CV-22	MH-50	RC-135
C-5	C-17	HH-60	C-21	RC-135	H-46	C-17
CV-22	C-21	C-130	C-17	RC-135	MH-50	H-46
C-5	C-17	CV-22	MH-50	KC-135	C-21	H-46
RC-135	KC-135	CV-22	C-21	C-17	C-5	C-130
C-130	MH-50	C-21	H-46	O-5	KC-19	C-17

10 a.m. to 11 a.m. Attendees will learn how to write a resume for federal employment. For more information, call the Airman and Family Readiness Center at 434-2790.

### Humor Your Stress

Humor Your Stress is a stress management workshop held Jan. 15 from 10 a.m. to 11:15 a.m. For more information, call the Airman and Family Readiness Center at 434-2790.

### Lunch, Learn: Emotional Cycles of Deployment

This workshop will be held Jan. 16 from 11 a.m. to noon. Bring your lunch, eat and learn the emotional cycles of deployment. For more information, call the Airman and Family Readiness Center at 434-2790.

### Wing Newcomers

This briefing will be held Jan. 20 starting at 8 a.m. at the Airman and Family Readiness Center. This brief is for all active duty and civilian personnel new to Columbus AFB. Spouses are encouraged to attend. For more information, call the Airman and Family Readiness Center at 434-2790.

## Chapel Schedule

### Protestant

Sunday: 9 a.m. — Adult Sunday School  
10:45 a.m. — Traditional  
Worship Service (Children's Church)

*All are invited to a fellowship luncheon following the 10:45 a.m. service the fourth Sunday of each month*

### Catholic

Thursday  
5 p.m. — Choir Practice

Sunday:  
3:45 p.m. — Choir Practice  
4:30 p.m. — Confession  
5:00 p.m. — Mass

E	D	E	M	A	A	F	M	C	A	S	C
G	A	L	A	X	N	A	I	L	M	I	A
G	R	I	L	L	E	A	L	M	A	U	R
		L	E	T		C	E	N	T	S	
A	L	E			S	O	D		H	I	N
P	A	T	T	E	R	S	O	N		A	N
T	S	A		C	U	S	P		W	R	I
				H	I	S		E	A	U	
D	A	Y	T	O	N	A	F	R	L		C
O	L	E	O		B	A	T		E	R	A
A	F	I	T		B	E	A			A	R
		L	E	V	E	R			E	V	I
D	A	D		I	D	L	E		M	I	S
A	P	E		A	K	I	N		O	T	I
N	O	D		L	E	N	D		A	N	N

## Nature Trail

Many people are unaware of the opportunity to walk, run, bike or horseback ride along Columbus AFB's Timberlane Nature Trail. Along the trail, various wetlands, trees and countless wildlife can be found. To reach the recreational area, follow Independence Ave. to the runway area. Signs found alongside the dirt road toward SAC Lake offer direction to the beginning of the trails. For more information, call 434-7958



**Visit [www.columbus.af.mil](http://www.columbus.af.mil) to learn about Columbus AFB agencies and other important information.**

**Every officer deserves the benefits of MOAA:** The Military Officers Association of America offers many valued services and as an officer, you could join during the holiday season for free. As a new member you will receive a member kit which includes a welcome letter and a membership card. To receive free membership you have to have a current MOAA member's number. Major (ret.) Charles Boyette has generously offered his membership number, 00264082, to anyone who would like to use it. All you have to do is call (866) 749-7109 and give them the membership number.

**Public Administration at MUW:** The Mississippi University for Women's Certificate in Public Administration prepares students with the knowledge, skills, and ability necessary to succeed in government and non-profit organizations. This program is open to all majors and requires a minimum of 15 hours of coursework. The courses are scheduled to be available in the evening, but online courses are being developed as well. For more information or

to sign up with the certificate program, to the MUW website homepage at [www.muw.edu](http://www.muw.edu), click on the "Executive Certification" icon and choose the "Public Administration" icon.

**Project News at Tennessee-Tombigbee Waterway:** The U.S. Army Corps of Engineers, Mobile District will be hosting a series of public informational meetings on invasive aquatic plants that are found along the Tennessee-Tombigbee Waterway. The meeting will be held Jan. 20 at 6 p.m. at the Plymouth Bluff Center. Information will be provided on how to obtain permits from the U.S. Army Corps of Engineers for treatment of invasive aquatic plants. For more information concerning these meetings, please contact Nicholas Baggett at the Waterway Management Center at 327-2142.

*For more information about local area events, e-mail [AFRC@columbus.af.mil](mailto:AFRC@columbus.af.mil) or call the Airman and Family Readiness Center at 434-2790.*

# Hockey: Air Force comes back for 4-3 win over UConn

**U.S. AIR FORCE ACADEMY, Colo.** — Jacques Lamoureux scored a goal with 3:03 remaining in the game to lift the U.S. Air Force Academy to a 4-3 win over the University of Connecticut in an Atlantic Hockey Association game at the Mark Edward Freitas Ice Forum Jan. 3 in Storrs, Conn.

The No. 11-ranked Falcons improved to 15-3-1 overall and 12-1-1 in the AHA, as the Air Force took three of the four points in the series.

The Huskies took a 2-0 lead with a 5-on-3 power-play goal in the first period, but the Falcons answered with a power-play goal of their own. After Paul Weisgarber drew a tripping penalty, the Falcons got on the board with 59 sec-

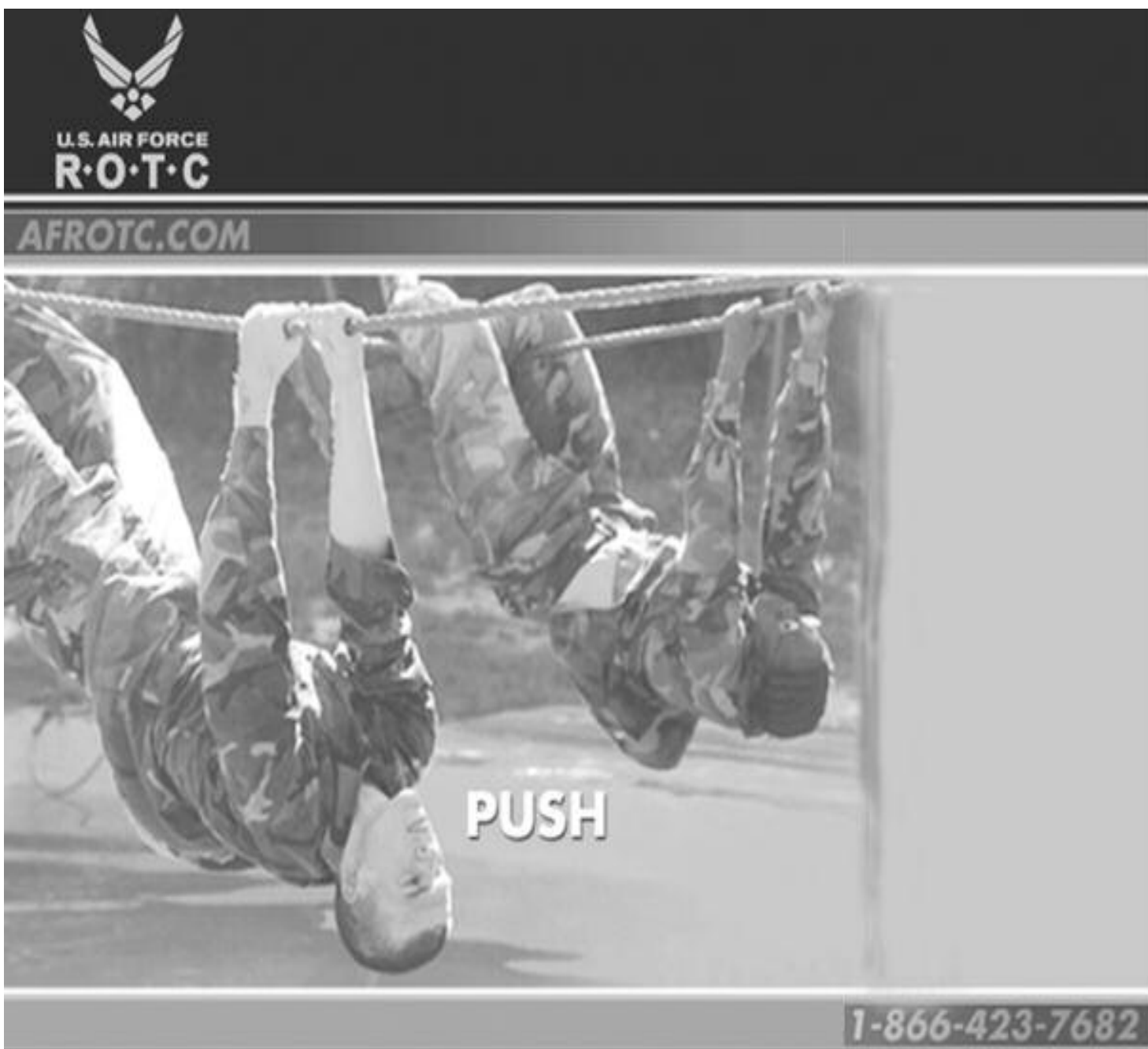
onds left in the period. Josh Frider fed Michael Mayra at the center point and the senior from Anchorage, Alaska, blasted his second goal of the season.

The Huskies took a 3-1 lead with a goal 90 seconds into the second period, then the Falcons used their special teams to get back into the game. The Falcons had more than 90 seconds of a 5-on-3, but were unable to score. During the Falcon power play, goaltender Andrew Volkening made three short-handed saves on breakaways. Just as the final penalty was about to expire, the Falcons capitalized as Josh Frider scored from Brent Olson at 7:06 with a power play goal on the rush. Three minutes later, Air Force tied the game when Brent Olson scored on a flur-

ry in front of the goal at 10:41. Michael Mayra took a shot from the point and Olson put back the rebound to tie the game at 3-3.

With 3:03 left in the third period, Jacques Lamoureux scored the game-winner on the rush. Brent Olson made a pass up ice to Josh Frider but the puck slid ahead of the senior winger. Frider chased the puck behind the net and made a centering pass to Lamoureux who buried his 14th of the season. The Huskies pulled the goaltender in the final 49 seconds, but had just one shot on goal.

Air Force out-shot UConn, 29-23, in the game. The Falcons were 3-for-7 on power plays, and Volkening made 20 saves.



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**1-866-423-7682**

## Sports Shorts

**Fitness Classes:** The Fitness Center offers fitness classes. Spin classes are Mondays, Wednesdays and Fridays beginning at 7 a.m. Cardio kick boxing classes are Mondays and Wednesdays at 5 p.m. and aerobics is offered Saturdays at 9 a.m. For more information, call the Fitness Center at 434-2772.

**Summer Lunch, Bowl Special:** Receive two free games of bowling from 11 a.m. to 2 p.m. with the purchase of a combo meal during lunch.

**Cosmic Bowling:** Cosmic bowling is every Friday and Saturday from 7 p.m. to 11 p.m. Cost is \$2 per game. The night is complete with black lights, loud music, strobe lights and bowling!

## Intramural Basketball scores

The 14th Civil Engineer Squadron defeated the 14th Security Forces Squadron 37 to 25 in the first game of the season. The 14th Operational Support Squadron defeated the 14th Communications Squadron 43 to 36.

**Be Smart ...  
Don't Drink and Drive**